

PARSIPPANY-TROY HILLS TOWNSHIP SCHOOLS
HEALTH SERVICES
COMMUNICABLE DISEASE POLICY NOTICE

PLEASE POST

Prevention of the spread of communicable diseases in schools and other places where children gather calls for cooperation between home and school.

The first step in the control of communicable diseases is the knowledge of when and where these diseases occur. The following diseases are reportable to the school. For additional information, contact your family physician.

NOTE	DISEASE	SYMPTOMS	INCUBATION PERIOD	CHILD RETURNS TO SCHOOL
<p>DEAR PARENTS:</p> <p>THERE HAS BEEN A CASE REPORTED OF THE COMMUNICABLE DISEASE INDICATED (X) IN YOUR CHILD'S CLASSROOM.</p>	Chicken Pox	Red spots resembling pimples, which change to blisters, then to scabs. Fever, itching.	12 - 21 days	When crusts are dry. Clearance needed from school nurse. Doctor's note to return to school.
	German Measles (3 days) (Rubella) Regular Measles (Rubeola)	Fever, rash, swollen glands at base of skull on back of neck. Symptoms of common cold. Eyes red, swollen, sensitive to light. Fine red rash over entire body, probable fever.	12 - 21 days 7 - 14 days	When skin is clear, but no sooner than 4th day. Doctor's note to return to school. When skin is clear, but no sooner than 8th day. Doctor's note to return to school.
	Mumps	Swelling of glands located below and in front of ear, headache, sore throat, earache, fever.	12 - 21 days	When swelling is gone but no sooner than 7th day. Doctor's note to return to school.
	Scarlet Fever or Strep Throat	Sore throat, headache, fiery red throat rash (Scarlet Fever). Positive throat culture.	2 - 7 days	24 hours after antibiotic is given and symptom free. Doctor's note to return to school.
	Whooping Cough	Persistent wracking cough with difficulty to inhale air.	7 - 14 days	5 days after beginning antibiotics. Doctor's note to return to school.
	Impetigo	Blisters with straw-colored crust on surface of skin and scab formation.	Varies - highly contagious	When scabs are gone following antibiotic treatment. Doctor's note to return to school.
	(Pink eye) Conjunctivitis	White of eye red, crusts on edge of eyelids, sensitive to light, itching.	Varies - highly contagious	When eyes are clear of symptoms. Doctor's note to return to school.
	Infectious Mononucleosis	Fatigue, headache, chills, fever, swollen glands, stomach pains, sore throat, positive blood test.	5 - 15 days Period of communicability uncertain	Doctor's note to return to school.
	Hepatitis A	Fatigue, swollen glands, itching, jaundice abdominal pain, diarrhea.	2 - 6 weeks Family members should seek preventive care from physician	Written release from physician for patient and all school-age siblings.
	Ringworm	Doughnut-shaped skin lesion, slightly brownish and scaly.	Varies	Following medical treatment with an anti-fungal agent, the wound covered and a doctor's release to return to school.
	Scabies	Surface burrows (fine, wavy lines) found on finger webs, inner wrists and abdomen, intense itching especially at night and possible secondary infection caused by scratching.	Varies	Following medical treatment with an appropriate anti-parasitic medication. Doctor's note to return to school.
	5th Disease	Red cheeks, low fever, itching, lacy rash on arms and legs when exposed to sun.	4 - 20 days	Doctor's note to return to school.
	Meningitis	Flu-like symptoms: sore throat, stiff neck, vomiting.	2 - 10 days Rapid Progression	Physician's written diagnosis and release to return to school.
	Haemophilus B influenza Pediculosis (Head lice)	Flu-like symptoms: fever, difficulty breathing, sore throat, vomiting. Itchy scalp, tiny white nits (eggs) attached to the hair shaft.	Varies - highly contagious Varies - check all family members and contacts	When symptom free. Upon adequate treatment and when nit free.

The common head cold or sore throat are very contagious DURING THE FIRST THREE DAYS. A pupil with cold symptoms should be kept out of school and properly treated at home. Cold symptoms may be the forerunners of one of the above listed communicable diseases.

Please notify the school if your child is absent longer than two (2) days for any reason. **AVOID ASPIRIN**